



AVANTE BEHAVIORAL HEALTH

Employee Assistance Program

Benefit Summary

CLINICAL COUNSELING SERVICES (Up to three visits every six months; provided at no cost to the member)

- Stress/Anxiety Management
- Interpersonal Relationships
- Depression
- Crisis Situations
- Grief/Loss
- Work Related Issues
- Substance Abuse
- Transition in the Workplace

EMPLOYEE EDUCATIONAL WORKSHOPS (Two per Year Included; additional workshops provided on fee for service basis). Employer may request based on company's presenting issues

- Stress and Time Management
- Family Conflict
- Drug and Alcohol Abuse Awareness
- Elder Care and Caring for the Caregiver
- Anger Management
- Communication Skills Development
- Financial Guidance
- Dealing with downsizing or reorganization

TELEPHONE CONSULTATIONS (Provided at no cost to the member)

- Legal Assistance
- Financial Guidance